Subarashii Kudamono Recipe Cards

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Subarashii Kudamono

Dried Asian Pear Lunchbox Salad

Ingredients:

Dried Asian Pears Lemon Wedges Romaine Lettuce Salt & pepper Water Plastic bowl with lid

Steps:

In bowl, soak handful of dried pears in ½ cup warm water. Squeeze lemon juice of 2 wedges into mixture. Grind in salt & pepper (1 to 2 grinds each). Cover & shake until dried pears soften. Rip romaine leaves and fill bowl. Cover & shake lightly so that leaves are covered in mixture. Enjoy! A refreshing salad with no oil! Serves one.

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