Subarashii Kudamono Recipe Cards

Please print and cut along the dotted lines to add these 6"x 4" recipe cards to your collection.





Subarashii Kudamono

Turnips and Asian Pears with Beurre Blanc

Ingredients

- 1 pounds turnips
- 8 cups water
- 2 teaspoons salt, plus additional for seasoning
- 6 tablespoons dry white wine (preferably Subarashii Kudamono
- Asian Pear Table Wine)
- 2 tablespoons white wine vinegar
- 3 tablespoons minced shallots
- 1/4 teaspoon ground white pepper
- 2 Subarashii Kudamono Asian Pears, chopped
- 1/4 cup chicken or vegetable stock
- 8 tablespoons cold, unsalted butter, cut into 8 pieces

.....

www.wonderfulfruit.com

www.winesofsubarashii.com





Subarashii Kudamono

Directions (serves four)

Peel turnips and cut into 1 inch pieces. Bring water and 2 teaspoons salt to a rolling boil in a large saucepan. Add turnips and boil, uncovered for 10-13 minutes or when turnips are just tender.

Meanwhile, combine wine, vinegar, shallots and white pepper in a medium saucepan and simmer over medium heat, uncovered, until liquid is reduced by three quarters. Add the chopped pears and continue to simmer for 4-5 minutes.

Drain turnips and add, along with stock, to wine, shallot and pear mixture. Continue to simmer for 5-10 minutes or until liquid has reduced and turnips are very tender, stirring occasionally. With a slotted spoon, remove turnips and pears to a bowl and keep warm, leaving as much liquid in pan as possible.

Remove pan from heat and whisk in butter, one piece at a time, until sauce is creamy. If butter pieces aren't melting, place pan back over heat for a moment. Check seasoning and add salt, if necessary. Pour sauce over turnips and serve.

www.wonderfulfruit.com

www.winesofsubarashii.com