

COOKING WITH THE CLASSICS

Viola Truffles, sweet music with Bartok, Bach and Dvorak!



Violist Victoria Voronyansky recently joined Cooking With the Classics to play selections live on air as well as talk about the stringed instrument, the Viola and her favorite culinary delight – making truffles.

Victoria Voronyansky: Handmade Chocolate Truffles recipe: Why do I love making truffles? The answer is simple: after a concert or a long recording day, making truffles is the best way for me to unwind and relax. As the smell of warm chocolate fills my house I feel stresses of the day melt away, and since I usually leave the mix overnight to reach rolling consistency I know that I will wake up to this amazing scent in the morning. Plus, after I'm done I can always enjoy these delicious treats as a quick pick-me-up when I need more energy or just want something yummy and sweet.

The recipe is simple: a cup of heavy cream, a pound of your favorite dark chocolate, finely chopped, a stove, and a melon baller are all you need to create a wonderful dessert! Start by bringing heavy cream to a boil, then gradually pour it onto chocolate. Stir while pouring, and after, until the chocolate has melted and the mixture is homogeneous. At this point you've created ganache. Let ganache stay for several hours, or overnight in a cool dark place. Check with melon baller or a spoon if the mix has gained a clay-like consistency by scooping out some of the ganache. When the right consistency has been reached, scoop out small amounts of ganache and roll into

truffles by hand. You can use coconut flakes, chopped nuts, and cocoa to coat the truffles. Voila, you have a delicious dessert!



Just a couple of tips:

Handmade truffles are best consumed within a week after making them (although in my case they rarely last that long). Also don't worry if the shape isn't perfectly round.

After all, in nature truffle mushrooms are far from pristine looking. It's the taste that counts!

And for our Cooking with the Classics' listeners out there, here's a recap of the selections you enjoyed on air performed by Violist Victoria Voronyansky:

As heard on air from Victoria's CD:

Antonín Dvorák's Humoresque
performed by Victoria Voronyansky, viola, and Agnes Kallay, cello

Béla Bartók's Dance from Maramaros
performed by Victoria Voronyansky, viola and Agnes Kallay, cello

Béla Bartók's Ruthenian Kolomeika
performed by Victoria Voronyansky, viola and Agnes Kallay, cello

George Gershwin's Prelude No. 2
performed by Victoria Voronyansky, viola and Yuko Izuhara-Gordon, piano

Gabriel Fauré's Après un rêve
performed by Victoria Voronyansky, viola, and Yuko Izuhara-Gordon, piano

Live at the studio, here's what Victoria played during our Cooking with the Classics' broadcast on May 8, 2011:

Sarabande from cello suite No. 3 by J.S. Bach
Prelude from cello suite No. 3 by J.S. Bach
Sarabande from cello suite No. 1 by J.S. Bach
Minuets 1 and 2 from cello suite No. 1 by J.S. Bach

For more info about Victoria Voronyansky, her Viola and her Truffles: www.redviola.com